

INTRAVENOUS (IV) SEDATION

Please find below some information about your IV sedation. Reading through this will give you information of what is and can be expected before and after your treatment.

Before treatment:

- You are encouraged to have a light lunch up to 2 hours before your appointment
- Please wear comfortable clothing (no heels) and a top that can easily have the sleeves rolled up.
- Arrange for someone to accompany you to the appointment.
- Do not consume alcohol 24 hours before.

Intravenous sedation can be given to help you relax during your dental treatment.

The sedation (Midazolam/Hypnovel) is given through a drip in your arm or hand and monitoring equipment will be placed on your finger to monitor your heart rate and level of oxygen in your blood.

Treatment will be carried out with local anaesthetic as per usual.

Following your treatment, the drip will be removed. Occasionally the area can have some bruising or irritation. Once you are sufficiently recovered from the sedation, you will be able to go home with your pre-arranged minder, who needs to stay with you for the rest of the day.

After treatment:

The sedative used has the effect of making you amnesic (short term memory loss) and also rendering you relaxed and sleepy and certainly not able to drive.

Because of this it is our medico-legal responsibility to ensure that you are properly looked after on leaving our practice.

Consequently, minimum requirements for post-sedation patients are that you:

- are to be collected from our practice by your pre-arranged minder. This person needs to be able to understand the instructions and can relay these and carry them out as necessary. Written postoperative instructions will be provided on the day.
- cannot walk home by yourself
- cannot go home in a taxi or on the bus
- cannot be dropped off and left alone once you get home for at least the next 2 hours.
- are not allowed to operate a vehicle, bicycle or heavy machinery, nor is it recommended you make important personal or business decisions for the remainder of the day or use the internet or your phone.

If the above conditions cannot be met, the surgery will not be carried out.